| **Domain & reporting statistic** | **Outcome name** | **Measure / Report** | **When To Measure** |
| --- | --- | --- | --- |
| **Demographics 1 or 2**  | Age | years | baseline |  |
|  | Gender | male / female / other | baseline |  |
|  | Population type | healthy sedentary; healthy active; clinical cohort | baseline |  |
|  | BMI (body mass index) |

|  |
| --- |
| $$\frac{weight (kgs)}{height (m)^{2}}$$ |

 | baseline |  follow-up |
|  |  |  |  |  |
| **Device Details And Wear Time Criteria** | Device type | accelerometer with inclinometry function |  |  |
|  | Device sensor position | placement of sensors on body |  |  |
|  | Device minimum wear time  | hours / day |  |  |
|  | Device minimum wear time  | days / week |  |  |
|  |   |   |   |   |
| **Device Wear Time Measured** 1 | Total daily wear-time | minutes or hours per day |  |  |
|  | Waking / non-sleep wear-time | minutes or hours per day, while awake |  |  |
|  | Sleep wear-time | minutes or hours per day, while sleeping |  |  |
| Reporting statistic for each item in the domain; 1 = mean, standard deviation, and range; 2 = number or % in each category; 3 = change in mean, and confidence interval; 4 = change in mean, and confidence interval, or change in rate.     |

|  |  |  |  |
| --- | --- | --- | --- |
| **Domain & reporting statistic** | **Outcome name** | **Measure / Report** | **When To Measure** |
| **Posture Related Outcomes** 1 & 3 | Sedentary time | minutes or hours per day | baseline |  follow-up |
|  |  | % daily waking hours | baseline |  follow-up |
|  |  | % of total daily hours | baseline |  follow-up |
|  | Sitting time | minutes or hours per day | baseline |  follow-up |
|  |  | % daily waking hours | baseline |  follow-up |
|  |  | % of total daily hours | baseline |  follow-up |
|  | Standing time | minutes or hours per day | baseline |  follow-up |
|  |  | % daily waking hours | baseline |  follow-up |
|  |  | % of total daily hours | baseline |  follow-up |
|  | Stepping time | minutes or hours per day | baseline |  follow-up |
|  |  | % daily waking hours | baseline |  follow-up |
|  |  | % of total daily hours | baseline |  follow-up |
| Reporting statistic for each item in the domain; 1 = mean, standard deviation, and range; 2 = number or % in each category; 3 = change in mean, and confidence interval; 4 = change in mean, and confidence interval, or change in rate.     |

|  |  |  |  |
| --- | --- | --- | --- |
| **Domain & reporting statistic** | **Outcome name** | **Measure / Report** | **When To Measure** |
| **Sedentary Breaks1&4** | Sedentary breaks; Sit to stand or upright transitions | n / day; number of sedentary breaks daily | baseline |  follow-up |
|  | Sedentary breaks; Movement breaks | n / day; number of sedentary breaks daily | baseline |  follow-up |
| **Sedentary Bouts1&3** | Prolonged sedentary bouts >30 minutes | average duration of bout, minutes | baseline |  follow-up |
|  |  | total duration of bouts, minutes or hours per day | baseline |  follow-up |
|  | Prolonged sedentary bouts >60 minutes | average duration of bout, minutes | baseline |  follow-up |
|  |  | total duration of bouts, minutes or hours per day | baseline |  follow-up |
|  |   |   |   |   |
| **Physical Activity1&3** | Light intensity physical activity, time | minutes / day | baseline |  follow-up |
|  |  | % of daily waking hours | baseline |  follow-up |
|  | Moderate intensity physical activity, time | minutes / day | baseline |  follow-up |
|  |  | % of daily waking hours | baseline |  follow-up |
|  | Vigorous intensity physical activity, time | minutes / day | baseline |  follow-up |
|  |  | % of daily waking hours | baseline |  follow-up |
|  | Moderate-vigorous intensity physical activity, time | minutes / day | baseline |  follow-up |
|  |   | % of daily waking hours | baseline | follow-up |
| Reporting statistic for each item in the domain; 1 = mean, standard deviation, and range; 2 = number or % in each category; 3 = change in mean, and confidence interval; 4 = change in mean, and confidence interval, or change in rate. |